# [SUBJECT] Year 7 Curriculum Map 2026/27

| Week Commencing | Topic | HAIL | Assessment |
|---|---|---|---|
| Staff INSET 01/09 Students Return 02/09 07/09/2026 | **Introduction to Dance**<br>**Topic**: Looking at use of rhythm and actions using body percussion.<br>**Watch task**: Gumboot Dance<br>- https://www.youtube.com/watch?v=fYYYymWvhAI | Check and organise appropriate kit | |
| 14/09/2026<br>21/09/2026 | **Contemporary Dance**<br>**Topics**: Understanding the style of contemporary dance and learning a piece in this style.<br>**Watch task**: Land of all - MN Dance Company:<br>https://www.youtube.com/watch?v=wm98afryPf4 | Rehearse Contemporary dance motif. | |
| 28/09/2026<br>05/10/2026 | **Contemporary Dance**<br>**Topics**: Understanding the style of contemporary dance and learning a piece in this style.<br>**Watch task**: Land of all - MN Dance Company:<br>https://www.youtube.com/watch?v=wm98afryPf4 | Create an A4 poster on the style of Contemporary Dance. | |
| 12/10/2026<br>19/10/2026 | **Contemporary Dance**<br>**Topics**: Recalling the contemporary dance and learning a new section. Students will be performing in this style and peer assessing.<br>**Watch task**: Kayla Kupono - Gravity Addiction:<br>https://www.youtube.com/watch?v=QZ-1cq8ibwq | Rehearse Contemporary Dance motif | |
| October Half Term | | | |
| 02/11/2026<br>09/11/2026 | **Contemporary Dance**<br>**Topics**: Recalling the contemporary dance and creating a new section using the 5 dance actions. Students will also be looking at unison, canon, and formations.<br>**Watch task**: Jeanine and Jason - If it kills me:<br>https://www.youtube.com/watch?v=xk8ImwtnCuq | Create three actions to add to the contemporary dance motif. | **AR1** |
| 16/11/2026<br>23/11/2026 | **Contemporary Dance**<br>**Topics**: Recalling the contemporary dance and developing it to use unison, canon, and formations.<br>**Watch task**: Rosie Kay's – 5 Soldiers: https://www.youtube.com/watch?v=tcT9Zm2Kx1c | Rehearsal of practical work ready for assessment. Focusing on directions and timing. | **AR1** |
| 30/11/2026<br>07/12/2026 | **Contemporary Dance**<br>**Topics**: Assessment of Contemporary performance material and choreography.<br>**Watch task: "In This Shirt" Kate Jablonski:** https://www.youtube.com/watch?v=sEKZj-H7qa8 | Evaluate the assessment performance using two stars and one wish. | |
| 12/12/2026<br>19/12/2026 | **Contemporary Dance**<br>**Topics: DDI** looking at wave 1 and 2.<br>Wave 1: Improvement of practical work<br>Wave 2: Improvement of contemporary knowledge<br>**Watch task:** https://www.youtube.com/watch?v=p-rSdt0aFuw | Completion of DDI worksheets. | |
| Christmas Break | | | |
| 04/01/2027<br>11/01/2027 | **Dance through the decades**<br>**Topics**: An introduction to the 1920's Swing Dance Era – The Charleston<br>**Watch task:** Evolution of dance – https://www.youtube.com/watch?v=p-rSdt0aFuw | Learn the key features of the style of dance using the knowledge organiser. | |
| 18/01/2027<br>25/01/2027 | **Topics**: Developing Charleston choreography using choreographic devices.<br>**Watch task:** The Charleston -<br>https://www.youtube.com/watch?v=HaoDEIHUIqw | Rehearse Charleston dance choreography. | |
| 01/02/2027<br>08/02/2027 | **Topics**: Extend, Perform & Evaluate 1920's Dance. Using a marking criteria to assess progress.<br>**Watch task:** The Charleston -<br>https://www.youtube.com/watch?v=HaoDEIHUIqw | Learn the key features and choreographic devices from your knowledge organiser. | **AR2** |

| | | | |
|---|---|---|---|
| February Half Term | | | |
| 22/02/2027<br>01/03/2027 | **Dance through the decades**<br>**Topics**: An introduction to the 1970's Disco Dance looking at the key features of the style.<br>**Watch task:** Saturday Night Fever - https://www.youtube.com/watch?v=HaoDEIHUIqw | Learn the key features of the style of dance using the knowledge organiser. | |
| 08/03/2027<br>15/03/2027 | **Topics**: Developing 1970's disco dance choreography using choreographic devices.<br>**Watch task:** Saturday Night Fever - https://www.youtube.com/watch?v=HaoDEIHUIqw | Rehearse Disco dance choreography. | |
| 22/03/2027 | **Topics**: Extend, Perform & Evaluate 1070's Disco Dance. Using a marking criteria to assess progress.<br>**Online Resource to improve in Disco:** https://www.lilbeatz.co.uk/top-tips-improve-street-dance-skills/ | Learn the key features and choreographic devices from your knowledge organiser. | |
| Easter Break | | | |
| 12/04/2027<br>19/04/2027 | **Topics**: An introduction to the 1990's Old School Hip-Hop & Social Grooves looking at the key features of the style.<br>**Watch task:** 90's Medley - https://www.youtube.com/watch?v=HzzoeoetjuM | Learn the key features of the style of dance using the knowledge organiser. | |
| 26/04/2027<br>03/05/2027 | **Topics**: Developing 1990's Hip-Hop choreography using choreographic devices.<br>**Watch task:** Old school Hip Hop steps - https://www.youtube.com/watch?v=82L37zmXjU4 | Rehearse 1990's Hip Hop dance choreography. | |
| 10/05/2027<br>17/05/2027 | **Dance through the decades**<br>**Topics**: Extend, Perform & Evaluate 1990's Old Skool Hip-Hop using a marking criteria to assess progress.<br>**Watch task:** Rhythm Nation - https://www.youtube.com/watch?v=OAwaNWGLM0c | Learn the key features and choreographic devices from your knowledge organiser. | |
| 24/05/2027 | **Dance through the decades**<br>**Topics**: Dancing through the decade's choreography project introduction.<br>**Online Resource for developing a motif**: https://www.onedanceuk.org/wp-content/uploads/2016/03/Motif-and-development-for-NDTA.pdf | Rehearse Dance through the decades choreography. | **AR3** |
| May Half Term | | | |
| 07/06/2027<br>14/06/2027 | **Dance through the decades**<br>**Topics**: Responding to a dance brief – develop & extend.<br>**Online Resource on evaluating a Street Dance performance**. Can you evaluate yourself using this model? http://www.skillsup.co.uk/dance/evaluation/ | Rehearse Dance through the decades choreography. | **AR3** |
| 21/06/2027<br>28/06/2027 | **Dance through the decades**<br>**Topics**: Dancing through the decades choreography, performance & assessment.<br>**Watch task:** Evolution of Dance Part 2 - https://www.youtube.com/watch?v=XpHnioELnGM | Select a piece of dance from around the world to watch in preparation for year 8. | |
| 05/07/2026<br>12/07/2026 | **Dance through the decades**<br>**Topics**: Dancing through the decades choreography, performance & assessment.<br>**Watch task:** Evolution of Dance Part 2 - https://www.youtube.com/watch?v=XpHnioELnGM | Select a piece of dance from around the world to watch in preparation for year 8. | |