



# Meridian Media What's Happening at Ormiston!

## **Senior Team Introduction**

Hello everyone!

With May half-term fast approaching, it is an incredibly busy time at Ormiston Meridian Academy. The last half term has been full of exciting events that have brought learning to life and kept our students engaged.

Eco Club have now judged the applications to design a reusable water bottle for students to purchase. The winner of the competition was Naina Siddiqui (year 7), This design will be printed on bottles in black and white and will be available for students and staff to purchase, to help reduce the amount of plastic waste in our school.

Miss Amoah ran a fantastic art competition to celebrate the different cultures represented within the academy. The work produced by the students was stunning.

This half term saw the launch of the new Success Score. The whole premise of this is to encourage a really positive academy culture, that aims to create a motivating and inspiring learning environment by promoting the behaviours and attitudes we expect to see on a daily basis.

Y9 have made their option decisions as they choose the option subjects that best fit their hopes, dreams and career plans for the future. All students are now currently receiving one-to-one interviews with senior and middle leaders of the academy to ensure their option choices are appropriate.

The year 7 Breakfast Club has been launched this half term and is becoming increasingly popular with students who enjoy a healthy breakfast between 7.45 am and 8.30 am to set them up for a day of learning. Mrs Kirkham says it is great to see so many students; there are still more places available.

Mrs Eldershaw took a group of Year 10 HAL students visited University College Oxford, where they learned about the university application process, Oxbridge and Russell Group universities, and even had a practice interview session! They also got to meet Percy, the college tortoise!

Y11 are now fully engaged in the most critical phase of their education so far as they have started their GCSE examinations in earnest. They should be congratulated for their focus and determined approach during extended revision sessions, boot camps, half term revision and the Saturday sessions which our dedicated staff are putting on to support their preparation for the remaining exams. We truly hope that our incredible Year 11 students feel confident, focused and ready to perform to the best of their ability and gain the grades to pave the way for the future dreams they have. All the very best Y11!

The Performance Faculty staged the production of 'Legally Blonde' to packed audiences on two nights in April. They also performed shows for the local primary schools and also many elderly residents from local care facilities. The students were incredible and received well deserved standing ovations. Many thanks to all of the many staff who helped out in the front of house and back stage. A huge thanks also to the parents and carers for your support with your children as we acknowledge it can be a stressful and intense time for them, not only during the shows, but also during the many hours of rehearsals. A particular thanks to the Performance Faculty who put hours of work in prior to and during the show to enable our students to shine!

14 students in Year 9 have participated in the Brilliant Club in the Spring Term. Each student had 6 tutorials with a university lecturer in school and then completed a 2000 word assignment. This assignment was marked to university standard, relative to their age group, and Jessica Mathews and Finlay Pugh both achieved a 'First' for their work. All of the students achieved a pass at university standard. The students will be attending a graduation event at a university later this term. Many thanks to Mr Watt for mentoring these fantastic students.

Mr Hutchinson has been encouraging 100% attendance as usual with the launch of a new incentive, where, every Friday for the remaining 10 weeks, we will randomly select a student to receive a free ticket to the end of year incentive trip! We wish you all a happy half term break, and look forward to seeing you for the final half term refreshed and ready to learn.





Who will win? Your attendance could make all the difference! You need to be in it to win it!







# House Points Who is in the lead?.....

\* \* \*

1st Place Simmonds: 12,58259

2nd Place Yousafzai: 12,33693

**3rd Place Turing: 11,33505** 

4th Place Bridgewater: 10,39464

**Top Scoring Forms:** 

**7Y3** 

8R1

9R1

10ANI

11SNC

Who will win? Your points could make all the difference! You need to be in it

to win it!









On Friday 3rd May, eight of our best STEM students attended the final of the OAT STEM Project, at Staffordshire University. Their challenge was to design a low emission method of electricity production to be sited within 3 miles of the academy. Drawing on local features that best lent themselves to renewable energy sources.

Both teams presented with confidence, enthusiasm and expertise to the panel of judges, with clever designs and inspired ideas. Even under intense cross examination from the audience the teams delivered their plans with consummate professionalism.

Our (joint) victorious team were the smallest group presenting on the day, with only 2 members. What they lacked in numbers they made up for with tenacity, clarity of ideas and a boundless enthusiasm. Madison Young and Jessica Swannell were crowned the (joint) OAT STEM Champions 2023-24 with their innovative and exciting ideas for green energy production in Meir.

After the announcement of the winners there was a side competition to build the best Lego robot capable of propelling itself over 2 metres the fastest. Eduard Enache won this hotly-competed race with his "Funky Joe" creation. Funky Joe managed to crawl across the finishing line first even without his wheels, which were lost in an unfortunate collision with another robot.

The courage, ambition and creativity shown by all of our students throughout the day was incredible and it's fair to say we thoroughly deserved to bring home the trophy. Our winning duo won a private screening at the cinema, bowling and pizza to be enjoyed later in the Summer term.

Finally, thank you to Miss Ballinger who worked so hard with the students prior to their presentation. Without your dedication this victory would have been that much harder.

### **Mr Temple**





**UKMT Junior Maths Challenge 2024** 

On Thursday 25th of April, 122 students from Year 7 and 8 competed in the UKMT's Junior Maths Challenge online, which is sat by students from around the country and even some international participants.

The UK Maths Trust (UKMT) was established to advance the education of children and young people in mathematics. Their aim is to achieve this in-particular, but not exclusively, by organising and running mathematics competitions.

The Junior Maths Challenge is a 60 minute with 25 multiple choice challenges. It encourages mathematical reasoning, precision of thought and fluency to make students think. The problems on the Junior Maths Challenge are accessible, yet still challenge those with more experience.

The students completed the challenge under exam conditions with nothing more than a plain piece of paper, a pen and their own understanding of maths and the world around them.

The questions get progressively harder as they proceed through the paper and students are awarded more marks for question further into the challenge.

The questions are designed to challenge students to think, not to guess and they gained more marks, and more satisfaction, by doing one question carefully than by guessing lots of answers. This challenge is about solving interesting problems, not about lucky guessing! All students achieved excellent results on what is designed to be an extremely challenging task. Of the 122 students who participated, 27 achieved the bronze award and 13 achieved the silver award. Rayaan Khan achieved a silver award and best in year 8 and Chandler Mogbo achieved a gold award, best in school and has been invited to attend the next round junior kangaroo in June, which is an amazing achievement!

Well done to all in Year 7 and 8 who engaged with this challenge and gave it their best shot!

Mr Tildsley







Extra Curricular Highlights

Brilliant Book Club

Miss Brammer runs a book club after school on Monday and Thursday 3.20-4.15pm. If you love reading or just want to improve, this is the club for you. We will be reading, sharing and reviewing books together, but most of all, having fun reading!



## **Love Your Library**

Do you know we have thousands of books in the school library, that you can borrow and take home, to read and share with your family? Miss Brammer and the library team will be on hand to help you select from our wide range. The library is open to every students at lunch time. If you are interested, please get a pass at break time from the library.

### **Sports Clubs**

There are a large number of sports clubs in school including: swimming, dance, basketball, football, cheerleading and multisports. If you are interested in any of the above please speak to the PE Department or consult your club timetable.



### **HAIL Club**

Join Miss Brammer, Monday to Thursday, after school, until 4.15pm. Laptops are available for you to access Google Classroom. He,p and support with homework is provided.

### **ECO Club**

ECO Club runs every Monday lunchtime in SO4. This club is open to all year groups. Want to save the planet? Have a passion for recycling? Contact Miss Hodgetts for details.



### **STEM Club**

Mr Taylor runs STEM club every Tuesday lunchtime in F72. Fancy being the next famous scientist? Or do you just love experiments? This is the club for you.



## **Universities in Focus**

The Somerville Programme – A Residential Trip to Oxford University

On March 19th, six extremely fortunate students were privileged enough to attend Oxford University, specifically the Somerville College, as part of the Somerville Programme. I was one of those students, and so now I'll discuss this incredible opportunity that I was included in.

After arriving, we were introduced to the super student ambassadors who then led us on a tour of the college after a short welcoming introduction. The facilities were incredible to see and certainly very adequate. We then received a lecture about Earth science, which led to an exhilarating team building activity – all whilst including the concepts of Earth science we had previously discussed. To continue, we then travelled to the Oxford Museum of Natural History/Pitt Rivers Museum, that is situated quite nearby to the college and is owned by the university, where we studied human history from all over the world. This museum was so obscure compared to any local museums, however it was highly intriguing and taught us all so much about our history. We even learnt about a large totem pole, carved from a Canadian red cedar tree, that arrived in the museum in 1901 – all the way from Haida Gwaii, Canada. This was an impressive sight, and certainly captivated all who attended. The museum consisted of three floors, and so a wealth of knowledge was gained.

After a very interesting day, we returned to the college and spent some communal time, eating our meals, participating in exciting team games, even making new friends! Our first day was now over but wow was it amazing.

The next morning, we were all up bright and early; ready to spend our last day there to the fullest. After experiencing two more lectures –the critical use of onomatopoeia and mind-boggling deep questions about life (via Oxplore) – we were prepared to explore the city of Oxford. We saw so many astonishing sights: chapels, colleges, theaters, and more. One of these breathtaking sights was the "Bridge of Sighs", part of the Hertford College within Oxford University, named after its shocking resemblance to the "Bridge of Sighs" in Venice. Whilst on our tour of the city, we experienced the historical

and highly detailed architecture that Oxford has to offer, however we also learnt that, despite misconceptions, Oxford is also relatively modernised in places. For example, the Blavatnik School of Government had an extremely modernised exterior. Despite attending for academic reasons, we were also fortunate enough to see things such as the set used for the infirmary in "Harry Potter and the Philosopher's Stone", which was filmed at the Divinity School. Finally, we visited the Radcliffe Camera, an iconic landmark within Oxford that is a library for Oxford University students. Collectively, we were amazed by the size of the building, the beautiful architecture, the unique nature of the library, and just the view in general. We even took a group photo here due to how impressive it was!

In conclusion, the two days we spent at Somerville College in Oxford were some of the most exhilarating, educational days we'll ever experience! Being involved with this programme not only took us to an Oxford University college, but also allowed us to feel a sense of independence never felt before, which having our own dorm room contributed to. As well as learning copiously, this trip even introduced us to new people, who we are now good friends with! If we didn't aspire to already, this visit to Somerville College certainly

inspired us to attend a college at Oxford University.

Written by Madison Young, Year 10









Cardiff University was established in 1883, originally as the University College of Sou<mark>th</mark> Wales and Monmouthshire, becoming a founding college of the University of Wa<mark>l</mark>es in 1893.

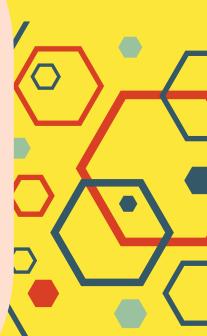
In 1997 it finally received its degree-awarding powers and later adopted the current name of Cardiff University in 1999; although this didn't actually become its legal name until 2005. Cardiff University is the only Russell Group University in Wales.

Cardiff University prides itself on its diversity, friendliness and inclusivity. Some of its unique selling points are that over 90 languages are spoken, it was rated as the second friendliest city in the UK (according to giffgaff) and it is found in the top 10 most welcoming cities in the UK (survey conducted by Unbroken Britain).

With the Brecon Beacons National Park just an hour north of the city centre, and miles of golden coastline to the west, Cardiff is the perfect starting point for students with a bit of a wild side and thirst for outdoor exploring and adventure! They also boast over 330 parks and gardens, which equates to more green space per person than any other UK core city. Having only been recognised as a capital city in 1955, Cardiff holds the title as 'Europe's youngest capital city'! Despite this, there is so much history! The surrounding region is peppered with medieval settlements, ancient ruins and impressive forts, with Cardiff Castle located centrally in town! Some of the student favourites include; Saint Fagans (Museum of the Year 2019), Unesco World Heritage Site (The Big Pit National Coal Museum), the largest castle in Wales - Caerphilly Castle and

students enjoy seeing history come to life at Cosmeston Medieval Village.

Sport and the Arts also play a huge role in attracting so many students to Cardiff
University every year. The Wales Millennium Centre, lovingly known as 'the armadillo'
hosts annual festivals such as Tafwyl, which celebrate the Welsh arts and there are
plenty of opportunities to learn the language which is growing in popularity every year!
And as for Sports, from the Six Nations to the Cardiff Half Marathon, the streets, stadia
and sports centres regularly host world-class athletes and must-see events. But you
don't have to stay on the sidelines, there is an Olympic-standard white water centre, ice
rink, climbing facilities and countless sports clubs to engage students and keep them
active and healthy.





#### Did you know?

Academics and alumni of the university have included two heads of state or government and two Nobel laureates, and some modern, notable alumni include money-saving expert Martin Lewis OBE, author Gillian Clarke and BBC journalists and TV presenters Huw Edwards and Susanna Reid.



## **Useful Contacts:**



### **Mental Health Support**

MHST Leigh Tams is in school on every Tuesday. For students to talk to with their mental health concerns.

Useful information for both parents and students:

combinedwellbeing.org.uk

https://www.combined.nhs.uk/services/mental-health-support-team

National Suicide Prevention Helpline UK 0800 6895652 A confidential and supportive listening service for anyone 18 and over with thoughts of suicide. Available from 6 pm till midnight every day. Shout <a href="www.giveusashout.org">www.giveusashout.org</a> Text 'Shout' to 85258 if you are in crisis anytime, anywhere. It's a place to go if you are struggling to cope and you need immediate help. It's available 24/7.

NHS 111 Telephone '111' – for a 24/7 helpline for all health enquiries. They also provide an online service at 111.nhs.uk.

Samaritans FREE Tel: 116 123 <u>www.samaritans.org</u> For confidential emotional support for people in crisis, available 24/7.

Childline 0800 111 is a free, private and confidential service where you can talk about anything that you are worried about, at anytime.

Staffordshire Mental Health Helpline Call free on 0808 800 2234 For people 18+, 6 pm - 2 am weekdays, 2 pm - 2 am weekends, 365 days a year. Text FREE on 07860 022 821 Online webchat www.brighter-futures.org.uk; email: Staffordshire.helpline@brighter-futures.org.uk

CAMHS (Child and Adolescent Mental Health Services) Central Referral Hub for up to aged 18, 0800 0328 728 (Option 1) 9 am – 5 pm, Monday to Friday. Multi-disciplinary teams of social workers, mental health nurses, therapists, clinical psychologists, mental health practitioners and child and adolescent psychiatrists.

Changes Health and Wellbeing 01782 411433 <u>www.changes.org.uk</u> You can self-refer online. Groups promoting wellbeing, personal recovery and peer support.

The Dove Service 01782 683155 <u>www.thedoveservice.org.uk</u> Counselling and support for adults, including bereavement and social groups, and children and young people affected by bereavement or life-changing illness. Self-referrals will incur a fee for counselling.

Savana 01782 433204/433205 <u>www.savana.org.uk</u> FREE one-to-one counselling service for anyone who has experienced sexual violence (male and female), Independent Sexual Violence Advisor Service and Youth Support. Self-referrals can be made online.

Staffordshire and Stoke on Trent Talking Therapies <a href="https://staffsandstoketalkingtherapies.nhs.uk/">https://staffsandstoketalkingtherapies.nhs.uk/</a> Can self-refer online or on Tel: 0300 303 0923. Multi-agency partnership (Midlands Partnership Foundation Trust, North Staffs Combined Healthcare Trust, Changes Health and Wellbeing, North Staffs Mind, Burton and District Mind and the Dove Service), offering free psychological treatments

### The Mental Health Support Team



Available now in your local Stoke-on-Trent and Staffordshire schools and colleges

Panic ManagementSleep

Worry ManagementExam Stress



Low MoodProblem Solving
AnxietyCoping Strategies



The Mental Health Support Team works with schools and colleges to embed a better whole school approach to mental health and wellbeing, as well as offering support to parents, carers, children and young people. We use CBT (Cognitive Behavioural Therapy) informed principles to provide support and interventions for a range of common mental health difficulties.



#### Where To Find Us

Scan the QR code to be taken to the Combined Wellbeing Portal, where you will find a list of Mental Health Support Team schools, as well as a range of self-help resources and other services. Alternativley, please contact us on the email address below.



MHSTEnquiries@combined.nhs.uk https://combinedwellbeing.org.uk/







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Low Mood
Anxiety
Worry Management



Panic Management Sleep



Problem Solving
Coping Strategies
Exam Stress

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#### **Performing Arts Spotlight**

It has been an incredibly busy and exciting year in the Performing Arts department at Ormiston Meridian Academy. The year kicked off with myself and Mrs Prendergast taking a group of Year 8&9 students to watch a production of the 'heavenly hit show (Daily Mail) 'Sister Act' on Wednesday 27th September 2023.

Starring TV and West End legend Lesley Joseph, following our own fantastic production of 'Sister Act Junior' in April 2023. Students didn't miss this eagerly anticipated 2023 Olivier Award-nominated production of the Broadway and UK smash hit musical Sister Act. Disco diva Deloris' life takes a surprising turn when she witnesses a murder. Placed under protective custody she is hidden in the one place she shouldn't be found - a convent! Encouraged to help the struggling choir, she helps her fellow sisters find their true voices as she unexpectedly rediscovers her own.

This was an exciting event and a fantastic opportunity for Year 8 and 9.



Year 7 were treated to an orchestra master class on 21st November.

The students were given the fantastic opportunity of experiencing a superb orchestral performance, with a guided tour of each section, followed by a composition and performance task supervised by the orchestral musicians. Year 7 students who have instrumental lessons were able to play their own instruments alongside professional orchestra musicians! It was incredible to hear and a real treat to have been a part of.











Christmas at the Regent Theatre definitely begun with the Performing Arts department, who were delighted to take Year 7 students to see the Pantomime 'Jack and The Beanstalk' at the Regent theatre on 17th December, which really did kickstart the festive season.

Joining Jonny on stage was Musical Theatre, TV personality and Hear'Say star, Noel Sullivan in the role of Fleshcreep, alongside Hollyoaks and Torchwood star Kai Owen who made a return to the Regent Theatre panto as Farmer Trot. Doomed to sell his trusty cow, we joined Jack and his family as they fought to outwit the evil giant, win riches beyond his wildest dreams and the hand of the girl he loves. We were wowed with an amazing set, spectacular lighting, fabulous 3d effects and an outstanding choice of songs and music cleverly linked to the Potteries. The story of Jack and the Beanstalk was told with fantastic humour aimed at all ages and it didn't disappoint. A highly interactive performance that left the audience in floods of laughter (and those at the front a little soaking wet at times!)







On 26th January a group of Year 9 students were invited to attend a workshop provided by practitioners from Jill Clewes Academy, which focused on script work and devising. Students enjoyed playing a range of games and activities that progressed to short group performances.

On March 6th a group of 20 Year 8 boys were invited to attend a 'Drama workshop' with three external Drama practitioners.

This workshop was designed to explore aspects of both naturalistic and Physical theatre as well as devising from a stimulus and the boys thoroughly enjoyed it.

The sessions focused not only on honing their naturalistic skills but also the theme of online bullying, which is a current day issue that sadly affects so many children. The boys engaged well with this and treated it with maturity and seriousness; creating pieces of drama that really reflected their empathy and understanding.









We participated in the Stoke Sports Partnership Dance Festival at the Victoria Hall on 18th March. Ormiston Meridian students were represented by a brilliant group of dancers this year for years 8,9 and 11. This year's theme was 'Lights, Camera, Action!' The students performed a superb dance to songs from the Greatest Showman with a solo from our outstanding Head Girl who is off to study dance full time in September. All of our dancers were outstanding showing professionalism beyond their years on and off stage.





On 17th-18th April we were so excited to welcome you all to our theatrical extravaganza, 'Legally Blonde Junior'.

Once again, we are so pleased to have acquired faces new and old taking to our stage, giving students the opportunity to take part in this magical journey.

We want to offer a huge congratulations to all of the students involved in this production for their courage, commitment and ambition, which resulted in a fantastic show and which we were able to share with our community as we performed matinees to Primary schools and to a local residential care home.

As with all productions, it has been the tremendous camaraderie and rapport within the group, with cast, crew, parents and staff at Ormiston Meridian Academy that has made the show possible and such as success. I would like to thank everyone involved for their input, support and friendship both on and off stage.

We really hope you enjoyed watching the show as much as we have loved putting the production together.











A group of 20 Year 7-9 students are currently working on a new Drama project led by the New Vic Theatre.

The Seeing Red Going Green Project raising awareness of period dignity and the opportunity to explore greener ways of managing periods. This project is a partnership between New Vic Borderlines and local charity Period Power and builds on our previous highly successful project Seeing Red which raised awareness of period poverty locally nationally and globally.

There are various elements to the Seeing Red Going Green Project including four creative workshops led by Drama practitioners from the New Vic Theatre and an opportunity to showcase students work at a regional conference on Tuesday 4th June 2024 held at the New Vic Theatre.

Over the next 4 weeks we will be devising a 5 minute piece of Drama that will be started in the workshops. Students have decided to focus on using verbatim and physical theatre to show the challenges that girls and women face on a daily basis. Participating in this project will build a range of important skills for the students and allow them to develop their ability to work collaboratively as well as alone, to research and present their ideas creatively and with confidence. The project allows students to achieve across a number of curriculum areas including; Citizenship, PSHE, English, and Drama. They will also develop several 'soft skills' including interpersonal skills, communication skills, listening skills, timemanagement, empathy, responsibility, problem solving and leadership.

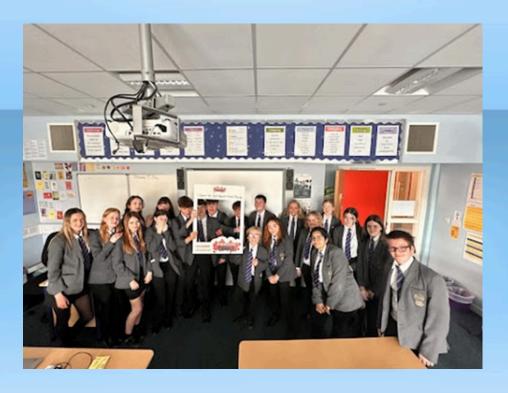
We are all really excited about performing this 'in the round' at the New Vic theatre and being part of a conference…plus a free lunch!

Remember to come along to our lunchtime clubs and just a reminder that Drama Club has started up again this term.

You'd think we'd be exhausted after all of that but we are still looking for opportunities to get students involved in performing at events. Myself and Mrs Prendergast are also starting to look at residential trips to take the Year 9 students that have opted to take our subjects at GCSE...the West End is calling! Look out for any other trips that we might be running...there seems to be a demand for another trip to Harry Potter World or even the infamous Coronation Street set.

I'm sure you will agree it has been a great year so far and there is still more to come.

Miss James, Mrs Prendergast, Mr Jones, Miss Cooke







# **Library and Reading**

# **BREAKING**

Welcome to our school Library page. I hope you have enjoyed this half term and are looking forward to your week off.

This term we have busy in the library celebrating Earth Day and we are currently supporting Y11 students with revision for their GCSEs. We have had a wide range of materials for students to use include revision guides, laptops, study tips and books on supporting their mental health during this busy period.

As we come to the end of the half we are celebrating Spring with our display on new life, horticulture and the seasons.

Next half term we will be celebrating Pride month with books celebrating Pride and the LGBTQ+ community.

### **Donations**

I would like to say a massive thank you to all the staff and students who have donated books to the library this year. All of your books are being well used by the students and we appreciate your support.

Having a clear out over the holidays? Need to make room for more books at home? Please donate them to academy. You can give them to Miss Brammer in the library or drop them into reception.

Thank you for your continued support.



### **Books of the Month**

This month we are supporting our Y11. Whatever you aspire to be we have the books to help you. The library has a large selection of books and college materials that cover a wide range of careers. Use them to help you choose your options or help you choose your future career path. Haven't got a clue? Then come and find some career

inspiration in the library.

A Crystal of Time.

Book

Enter the magical world of Gavaldon with The School for **Good and Evil Series 5 Books** Collection Set by Soman Chainani. This enchanting fairy tale fantasy features the first five books in the series, including The School for Good and Evil, **World Without Princes, The Last** Ever After, Quests for Glory and

**BRAND NEW IN THE LIBRARY!** 



### **Spring Books**

We know that it can hard to keep yourself entertained over the holidays. So, why not grab a new book from the library? We have everything from minibeasts and flower care and to new life. Any Spring themed book you take out earns you double loyalty stamps. Swap your completed library loyalty card for prizes. Why not read a book as a holiday bordem buster?

#### **NEXT ISSUE...**

The Great OMERA Reading Race. Which house will win? You need to be in it to win it? More details



## **Reading Rewards**



Every time you take out a book from the library you will earn a loyalty stamp. Fill your card and exchange it for a prize. Double loyalty points are earned on any book from our theme of the month display.

Rewards are as follows: 20 stamps-book mark

40 stamps- Bronze certificate and badge 60 stamps- Silver certificate and badge 80 stamps- Gold certificate and badge 100 stamps- Platinum certificate and badge See Miss Brammer for more details.

# **Community Bookcase**







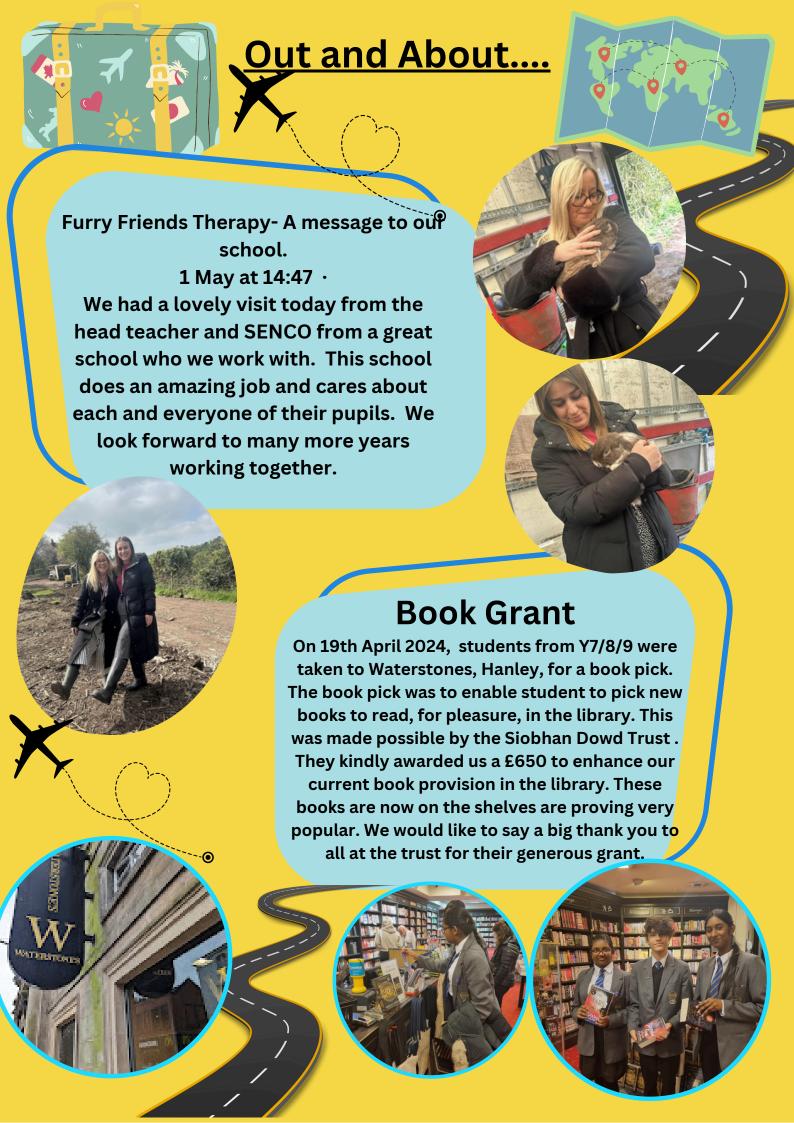
Who doesn't like a freebie?

Come along to the our community bookcase
(opposite the school office) and pick up a book for

FREE.

Books are available for all ages, to take away, free of charge.

All that we ask is when you have finished your book you pass it on to another person and share your love of reading. Alternatively, you can return the book to the case and swap for another. There is no need to sign books in and out. So, pick up a free book today and share your reading experience with your family and friends.





# <u>Achievement Update..</u>

## **Exam Season**



As we come to the end of the first three weeks of written GCSE and BTEC examinations, I am absolutely delighted with the focus, commitment and maturity that our Year 11 have demonstrated so far. The staff, and external invigilators who work across several schools, continue to be impressed by our students' resilience, the mutual support they show one another, and their positive spirit.

For this newsletter, I have asked our Year 11 students to reflect on their KS4 experience and examination journey in order to share their best pieces of advice with the year groups that follow in their footsteps – especially Year 10 whose formal AR3 Assessment Window will be launched in June.

#### This is what some of our students have to share:

- · 'I have focused on balancing my revision and my wellbeing. Some days, I have scheduled minimal revision to ensure I can spend more time on things I enjoy. Planning ahead helped me to do this.'

  Grace M
- · 'Every weekend I go on a run with my best friend, and also do volunteer work, to give myself a break from revision.' Charley K
  - · 'I made a revision timetable to make sure I took breaks.' Harrison H
  - · 'Trying to revise too much at once will cause unnecessary stress and you most likely won't remember everything. Remember to revise in short intervals across the year.' Ellie M
  - · 'I have been encouraged and motivated by staff who give positive affirmations to boost my confidence.' Ella I
    - · 'Past papers are a really useful way to practise applying your knowledge' Olivia J
    - · 'Saturday sessions and P6 after-school sessions were extremely helpful.' Maryum M
- · 'Reward yourself for revising: snacks, a game, break with friends. Doing exercise around revision is also really beneficial.' Mika G
  - · 'Stay positive...like a proton!' D McClean

It is clear that our Year 11 students have developed essential revision and time management skills that will serve them effectively throughout their next stages of education and employment. I am so proud of them all!

## Social Media Get Connected....

Are you following us on Social Media?

We've recently relaunched some of our social media pages and you may not be following us...

Make sure you're following for up-to-date information about academy events, an exclusive look at the building of our new classrooms and regular details about exciting and engaging lessons that students have taken part in.

Mr Craddock

Use the links or QR codes below to find out more:









# Is your child entitled to 'Free School Meals'?

At Ormiston Meridian Academy, we believe it is important for students to have a nutritious meal at lunch time. If your circumstances have changed in these difficult times then you may be entitled to 'Free School Meals'.

More than 12,000 children in Stoke-on-Trent already receive a free school meal. This saves their families around £400 a year and also gives additional funding to their school.

Your child may be able to get 'Free School Meals' If you receive any of the following:





Miss Peacock (Assistant Principal)

Email: jpeacock@omera.co.uk

Mrs Kirkham (Office Manager)

Email: dkirkham@omera.co.uk