



Email: info@omera.co.uk Website: www.ormistonmeridianacademy.co.uk

Subject: Dance	Year 7		
		Curriculum Map	
	2023 -2024		
Week Commencing	Topic (including links to additional resources)	Assessment Window	
STAFF INSET 04/09 ALL STUDENT IN 05/09	Introduction to Dance Topic: Looking at use of rhythm and actions using body percussion. Watch task: Gumboot Dance - https://www.youtube.com/watch?v=fYYYymWvhAl HAIL: Check and organise appropriate kit.		
11/09/2023	Contemporary Dance Topics: Understanding the style of contemporary dance and learning a piece in this style. Watch task: Land of all - MN Dance Company:		
18/09/2023	https://www.youtube.com/watch?v=wm98afryPf4 HAIL: Rehearse Contemporary dance motif.		
25/09/2023	Contemporary Dance Topics: Understanding the style of contemporary dance and learning a piece in this style. Watch task: Land of all - MN Dance Company:		
02/10/2023	https://www.youtube.com/watch?v=wm98afryPf4 HAIL: Create an A4 poster on the style of Contemporary Dance.		
9/10/2023	Contemporary Dance Topics: Recalling the contemporary dance and learning a new section. Students will be performing in this style and peer assessing.		
16/10/2023	Watch task: Kayla Kupono - Gravity Addiction: https://www.youtube.com/watch?v=QZ-1cq8 bwq HAIL: Rehearse Contemporary dance motif.		
23/10/2023	Contemporary Dance Topics: Recalling the contemporary dance and creating a new section using the 5 dance actions. Students will also be looking at unison, canon and formations. Watch task: Jeanine and Jason - If it kills me: https://www.youtube.com/watch?v=xk8lmwtnCuq HAIL: Create three actions to add on to the contemporary dance motif.		
October Half Term			
06/11/2023	Contemporary Dance Topics: Recalling the contemporary dance and creating a new section using the 5 dance actions. Students will also be looking at unison, canon and formations.	AR1	

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Watch task: Jeanine and Jason - If it kills me:













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	https://www.youtube.com/watch?v=xk8lmwtnCug HAIL: Create three actions to add on to the contemporary dance motif.	
13/11/2023	Contemporary Dance Topics: Recalling the contemporary dance and developing it to use unison, canon and formations. Watch task: Rosie Kay's – 5 Soldiers:	AR1
20/11/2023	https://www.youtube.com/watch?v=tcT9Zm2Kx1c HAIL: Rehearsal of practical work ready for assessment. Focusing on directions and timing.	
27/11/2023	Contemporary Dance Topics: Assessment of Contemporary performance material and choreography.	
4/12/2023	Watch task: "In This Shirt" Kate Jablonski: https://www.youtube.com/watch?v=sEKZi-H7qa8 HAIL: Evaluate the assessment performance using two stars and one wish.	
11/12/2023	Contemporary Dance Topics: DDI looking at wave 1 and 2. Wave 1: Improvement of practical work Wave 2: Improvement of contemporary knowledge Watch task: https://www.youtube.com/watch?v=p-rSdt0aFuw HAIL: Completion of DDI worksheets.	
18/12/2023		
Christmas Break		
08/01/2024	Jazz Dance - Disco Topics: Understanding the style and learning set moves. Watch task: Janette & Brandon – Disco: https://www.youtube.com/watch?v=UKiOwJ6HnIU HAIL: Research the style of dance.	
15/01/2024		
22/01/2024	Jazz Dance - Disco Topics: Addition of own steps and creating own choreography using the correct style. Watch task: Mollee & Nathan – Disco: https://www.youtube.com/watch?v=y YT h ol6U HAIL: Rehearsal of the taught motif.	AR2
29/01/2024		AR2
5/02/2024	Jazz Dance - Disco Topics: Creating choreography through use of the chance method. Watch task: You should be Dancing: https://www.youtube.com/watch?v=V8Qa-uRRtUM HAIL: Create 3 actions to add into your dance.	

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February Half Term		
19/02/2024	Jazz Dance - Disco Topics: Creating choreography through use of the chance method. Watch task: You should be Dancing: https://www.youtube.com/watch?v=V8Qa-uRRtUM HAIL: Create 3 actions to add into your dance.	
26/02/2024	Jazz Dance - Disco Topics: Assessment of Disco performance material and choreography. Online Resource on evaluating a Disco performance. Can you evaluate	
4/03/2024	yourself using this model? http://www.skillsup.co.uk/dance/evaluation/ HAIL Activity: Evaluate the assessment performance using two stars and one wish.	
11/03/2024	Jazz Dance - Disco Topics: DDI Wave 1: Improvement of practical work.	
18/03/2024	Wave 2: Improvement of Disco knowledge. Online Resource to improve in Disco: https://www.lilbeatz.co.uk/top-tips-improve-street-dance-skills/ HAIL Activity: Complete DDI Worksheet.	
Easter		
8/04/2024	Street Dance Topics: Learning the key actions and style of Street Dance. Watch task - Sensational Street Dance - Lauren & Terrell:	
15/04/24	https://www.youtube.com/watch?v=4GdE1_9qx0I Online Resource on Street Dance: https://www.elevateartsuk.co.uk/what-is-street-dance/ HAIL Activity: Create an A4 sheet of research on Street dance.	
22/04/2024	Street Dance Topics: Learning the key actions and style of Street Dance. Watch task - Sensational Street Dance - Lauren & Terrell:	
29/04/2024	https://www.youtube.com/watch?v=4GdE1_9qx0I Online Resource on five basic elements of Hip Hop: https://www.liveabout.com/elements-of-hip-hop-1007133 HAIL Activity: Create a Street Dance movement to add in next lesson.	
6/05/24	Street Dance Topics: Developing a motif using the style of Street Dance. Watch task - Tommy & Charlie - Hip Hop: https://www.youtube.com/watch?v=-o8we0lJptM	
13/05/24	Online Resource for developing a motif: https://www.onedanceuk.org/wp-content/uploads/2016/03/Motif-and-development-for-NDTA.pdf HAIL Activity: Rehearse ready for assessment.	

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20/05/24	Street Dance Topics: Developing a motif using the style of Street Dance. Watch task - Tommy & Charlie - Hip Hop: https://www.youtube.com/watch?v=-o8we0lJptM Online Resource for developing a motif: https://www.onedanceuk.org/wpcontent/uploads/2016/03/Motif-and-development-for-NDTA.pdf HAIL Activity: Google Classroom - Breakdance Project Worksheet 3 and video.	
May Half Term		
3/06/2024	Street Dance Topics: Developing a motif using the style of Street Dance. Watch task - Tommy & Charlie - Hip Hop: https://www.youtube.com/watch?v=-o8we0lJptM Online Resource for developing a motif: https://www.onedanceuk.org/wp-content/uploads/2016/03/Motif-and-development-for-NDTA.pdf HAIL Activity: Google Classroom - Breakdance Project Worksheet 3 and video.	
10/06/2024	Street Dance Topics: Assessment of Street performance material and choreography. Online Resource on evaluating a Street Dance performance. Can you	
17/06/204	evaluate yourself using this model? http://www.skillsup.co.uk/dance/evaluation/ HAIL Activity: Evaluate the assessment performance using two stars and one wish.	KS3 END OF YEAR ASSESSMENTS
24/06/2024	Street Dance Topics: DDI Wave 1: Improvement of practical work.	KS3 END OF YEAR ASSESSMENTS
1/07/2024	Wave 2: Improvement of Street Dance knowledge. Online Resource to improve in Street Dance: https://www.lilbeatz.co.uk/top-tips-improve-street-dance-skills/ HAIL Activity: Complete DDI Worksheet.	KS3 END OF YEAR ASSESSMENTS
8/07/2024	Street Dance Topics: How to evaluate a performance?	
15/07/2024	Watch task - Street Dance 3D - Breaking Point: https://www.youtube.com/watch?v=1Kqeu4rLPkM HAIL Activity: Complete worksheet 1 on Breakdance.	
22/07/20234	Street Dance Topics: How to evaluate a performance? Watch task - Street Dance 3D - Breaking Point: https://www.youtube.com/watch?v=1Kgeu4rLPkM HAIL Activity: Complete worksheet 1 on Breakdance.	

























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