# SPRING/SUMMER 2023

Lunch Menu Week One

#### GREEN EARTH MONDAY

Garlic Mushroom Mac 'n' Cheese, Crispy Onions Quorn Meat Free Meatballs & Tomato Burrito Carrots, Sweetcorn, Potato Wedges, Baked Beans, Mixed Garden Salad Dessert of the Day

### TUESDAY

Chicken Balti, White & Wholegrain Rice
Sweet Potato & Chickpea Curry
Bombay Potatoes, Mixed Vegetables, Baked Beans, Mixed Garden Salad
Dessert of the Day

### WEDNESDAY

Roast of the Day
Roasted Vegetable & Lentil Bake, Sticky Ketchup Glaze
Roasted Potatoes, Carrots, Cauliflower, Baked Beans, Mixed Garden Salad
Dessert of the Day

# THURSDAY

Mexican Style Chilli Beef Lasagne
Mexican Style Vegetable & Bean Lasagne
Herby Diced Potatoes, Green Beans, Baked Beans, Mixed Garden Salad
Dessert of the Day

# FRIDAY

Battered Sustainably Sourced Fish & Chips Onion Bhaji Burger, Onion Chutney (Ve) Chipped Potatoes, Garden Peas, Baked Beans, Mixed Garden Salad Dessert of the Day

#### AVAILABLE DAILY

Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads, Fresh Fruit Salad

# SPRING/SUMMER 2023

Lunch Menu Week Two

## GREEN EARTH MONDAY

Spicy Veggie Keema Curry, White & Wholegrain Rice Falafel Flat Bread & Tomato Salsa (Ve) Garden Peas, Carrots, Baked Beans, Mixed Garden Salad Dessert of the Day

## TUESDAY

Toad in The Hole, Onion Gravy
Quorn Sausage, Toad in The Hole, Onion Gravy
Creamed Potatoes, Green Beans, Sweetcorn, Baked Beans, Mixed Garden Salad
Dessert of the Day

### WEDNESDAY

Roast of the Day
Mediterranean Vegetable En-croute
Roasted Potatoes, Savoy Cabbage, Sliced Carrots, Baked Beans, Mixed Garden Salad
Dessert of the Day

# THURSDAY

Mac 'n' Cheese Topped with Firecracker Chicken
Mac 'n' Cheese
Sweetcorn, Green beans, Baked Beans, Mixed Garden Salad
Dessert of the Day

# FRIDAY

Battered Sustainably Sourced Fish & Chips Butternut Squash, Feta, Pea & Mint Frittata Chipped Potatoes, Mushy Peas, Baked Beans, Mixed Garden Salad Dessert of the Day

#### AVAILABLE DAILY

Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads, Fresh Fruit Salad

# SPRING/SUMMER 2023

Lunch Menu Week Three

#### GREEN EARTH MONDAY

Quorn Cheeseburger
Cauliflower Cheese & Pasta Bake
Diced Potatoes, Sweetcorn, Baked Beans, Mixed Garden Salad
Dessert of the Day

## TUESDAY

Chicken Tikka Masala, White & Wholegrain Rice Lentil & Vegetable Tikka Masala, served with Mixed Rice Green Beans, Baked Beans, Mixed Rice Mixed Garden Salad Dessert of the Day

### WEDNESDAY

Roast of the Day
Cheese & Red Onion Flan
Roasted Potatoes, Sliced Carrots, Broccoli, Baked Beans, Mixed Garden Salad
Dessert of the Day

# THURSDAY

Chicken Jambalaya White & Wholegrain Rice
Southern Spiced Plant Bake, Sticky Ketchup Glaze
Mixed Vegetables, Diced Potatoes, Baked Beans, Mixed Garden Salad
Dessert of the Day

# FRIDAY

Battered Sustainably Sourced Fish & Chips
Rainbow Vegetable Frittata
Chipped Potatoes, Mushy Peas, Baked Beans, Mixed Garden Salad
Dessert of the Day

#### AVAILABLE DAILY

Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads, Fresh Fruit Salad