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Subject: Health & Social Care Year 11 Curriculum Map 2020- 2021

Week Commencing	Topic (including links to additional resources)	Assessment Window
01/09/2020 STAFF INSET and 02/09 ALL STUDENTS IN 03/09/2020 Week A	Expectations and standards for Y11 Recap and recall of previous year's learning and exam practice hints and tips - to be used throughout each lesson. Lesson 1- Definition of health and well-being [Component 3, A1, Factors affecting health and well-being]	
7/9/2020 Week B	<ul style="list-style-type: none"> Genetic inheritance [Component 3, A1, Factors affecting health and well-being] Ill health [Component 3, A1, Factors affecting health and well-being] 	
14/9/2020 Week A	<ul style="list-style-type: none"> Diet [Component 3, A1, Factors affecting health and well-being] Exercise [Component 3, A1, Factors affecting health and well-being] Substance use [Component 3, A1, Factors affecting health and well-being] 	
21/09/2020 Week B	<ul style="list-style-type: none"> Personal hygiene [Component 3, A1, Factors affecting health and well-being] Social interactions [Component 3, A1, Factors affecting health and well-being] 	
28/09/2020 Week A	<ul style="list-style-type: none"> Stress [Component 3, A1, Factors affecting health and well-being] Willingness to seek help or access services [Component 3, A1, Factors affecting health and well-being] Financial resources [Component 3, A1, Factors affecting health and well-being – Economic factors] 	
5/10/2020 Week B	<ul style="list-style-type: none"> Environmental conditions [Component 3, A1, Factors affecting health and well-being – Environmental factors] Housing [Component 3, A1, Factors affecting health and well-being – Environmental factors] 	

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12/10/2020 Week A	<ul style="list-style-type: none"> • The impact of life events relating to relationship changes [Component 3, A1, Factors affecting health and well-being] • The impact of life events relating to changes in life circumstances [Component 3, A1, Factors affecting health and well-being] 	
19/10/2020 INSET FRIDAY 23 RD	<p>Lesson 16-</p> <p>Learning aim A: assessment practice</p> <p>Preparation for assessment [Component 3, A1, Factors that affect health and well-being]</p> <p>End of learning aim</p>	
October Half Term		
02/11/2020 Week A	<p>Preparation for assessment: practice questions [Component 3, A1, Factors that affect health and well-being]</p> <p>End of learning aim</p> <ul style="list-style-type: none"> • Learning aim B: Interpreting health indicators Learning aim B1: Physiological indicators [Component 3, B1, Physiological indicators] • Resting pulse rate and recovery after exercise [Component 3, B1, Physiological indicators] 	
09/11/2020		AR1
16/11/2020 Week A		AR1
23/11/2020 Week B	<p>- Blood pressure [Component 3, B1, Physiological indicators]</p> <p>Lesson 21-</p> <ul style="list-style-type: none"> • Peak flow [Component 3, B1, Physiological indicators] 	
30/11/2020 Week A	<ul style="list-style-type: none"> • Body mass index (BMI) [Component 3, B1, Physiological indicators] • Using published guidelines to interpret health indicators [Component 3, B1, Physiological indicators] <p>-</p> <ul style="list-style-type: none"> • Risks to physical health of abnormal readings [Component 3, B1, Physiological indicators] 	DDI ENDS
07/12/2020 Week B	<p>- Learning aim B: Interpreting health indicators</p> <p>Learning aim B2: Lifestyle indicators</p>	

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	<ul style="list-style-type: none"> • Interpreting lifestyle data [Component 3, B2, Lifestyle indicators] • Interpreting lifestyle data on smoking [Component 3, B2, Lifestyle indicators] 	
14/12/2020 END OF TERM 20/21 Week A	<ul style="list-style-type: none"> • Interpreting lifestyle data on alcohol [Component 3, B2, Lifestyle] • Interpreting lifestyle data on inactivity [Component 3, B2, Lifestyle indicators] 	
Christmas Break		
04/01/2021 Inset 4 th	<p>Learning aim C: Person-centered health and well-being improvement plans Learning aim C1: Health and well-being improvement plans</p> <ul style="list-style-type: none"> • The importance of a person-centered approach [Component 3, C1, Health and well-being improvement plans] • Recommended actions to improve health and well-being [Component 3, C1, Health and well-being improvement plans] • Short- and long-term targets [Component 3, C1, Health and well-being improvement plans] 	
11/01/2021 Week A	<ul style="list-style-type: none"> • Sources of support [Component 3, C1, Health and well-being improvement plans] • Potential obstacles to implementing plans [Component 3, C2, Obstacles to implementing plans] • Emotional/psychological obstacles [Component 3, C2, Obstacles to implementing plans] 	
18/01/2021 Week B	<ul style="list-style-type: none"> • Time constraints [Component 3, C2, Obstacles to implementing plans] • Availability of resources [Component 3, C2, Obstacles to implementing plans] • Lack of support [Component 3, C2, Obstacles to implementing plans] 	
25/01/2021 Week A	<ul style="list-style-type: none"> • Ability/disability and addiction [Component 3, C2, Obstacles to implementing plans] • Barriers to accessing identified services [Component 3, C2, Obstacles to implementing plans] <p>Component 3: assessment practice</p>	

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	<p>Preparation for assessment</p> <p>[Component 3, C1 and C2, Person-centered health and well-being improvement plan]</p> <p>End of learning aim</p>	
01/02/2021 Week B	<p>Component 3: assessment practice</p> <p>Preparation for assessment</p> <p>[Component 3, C1 and C2, Person-centered health and well-being improvement plan]</p> <p>End of learning aim</p> <p>Coursework review</p>	EXAM
08/02/2021 Week A	<p>Learning aim B: Demonstrate care values and review own practice</p> <p>Learning aim B1: Care values</p> <ul style="list-style-type: none"> • Empowering and promoting independence [Component 2, B1, Care values] • Respect for others [Component 2, B1, Care values] • Maintaining confidentiality [Component 2, B1, Care values] 	
February Half Term		
22/02/2020 Week B	<ul style="list-style-type: none"> • Preserving dignity [Component 2, B1, Care values] • Effective communication [Component 2, B1, Care values] 	
1/03/2020 Week A		AR2
8/03/2020 Week B	<ul style="list-style-type: none"> • Lesson 56- Safeguarding and duty of care [Component 2, B1, Care values] • Promoting anti-discriminatory practice [Component 2, B1, Care values] 	AR2
15/03/2020 Week A	<ul style="list-style-type: none"> • Applying care values in a compassionate way [Component 2, B1, Care values] • Promoting anti-discriminatory practice [Component 2, B1, Care values] • Applying care values in a compassionate way [Component 2, B1, Care values] • Applying care values in a compassionate way [Component 2, B1, Care values] • Working together [Component 2, B2, Reviewing own application of care values] 	

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	<ul style="list-style-type: none"> Making mistakes [Component 2, B2, Reviewing own application of care values] 	
22/03/2020 Week B	<ul style="list-style-type: none"> Reviewing own application of care values [Component 2, B2, Reviewing own application of care values] Receiving feedback [Component 2, B2, Reviewing own application of care values] 	
28/03/2020 Week A To 1-4	<ul style="list-style-type: none"> Using feedback [Component 2, B2, Reviewing own application of care values] Learning aim B: practice for assignment [Component 2, B1 and B2, Demonstrate care values and 	
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19/04/2021	<ul style="list-style-type: none"> Learning aim B: practice for assignment [Component 2, B1 and B2, Demonstrate care values and review own practice] 	
26/04/2021	<ul style="list-style-type: none"> Learning aim B: assessment practice [Component 2, B1 and B2, Demonstrate care values and review own practice] 	
03/05/2021	Ongoing coursework	
10/05/2021	Ongoing coursework	
17/05/2021	Preparation for Exam – Revision from Component 1,2,&3	
24/05/2021	Preparation for Exam – Revision from Component 1,2,&3	
May Half Term		
		AR3
		AR3

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