

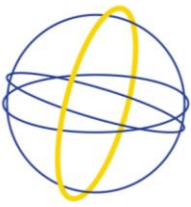
Subject: Food & Cookery

Year: 10

**Curriculum Map
2017 -2018**

Week Commencing	Topic (including links to additional resources)	Assessment Window
9/10/17	Unit 3: Exploring a balanced diet - AC1.3 Requirements for groups of people.	
16/10/17	Unit 3: Exploring a balanced diet AR1 revision – useful website https://www.nhs.uk/Livewell/Goodfood/Pages/the-eatwell-guide.aspx https://www.nhs.uk/livewell/healthy-eating/Pages/Healthyeating.aspx AR1 assessment – Unit 3 AC1.1, 1.2 & 1.3.	AR1
October Half Term		
30/10/17	Unit 2: Apple crumble demonstration – comparing ingredients based on a range of factors, e.g. social, environmental, cost, and sensory. Unit 3: Exploring a balanced diet - AR1 improvements 1	AR1
6/11/17	Unit 2: Apple crumble practical Unit 2: Comparing ingredients – written task AC3.1	
13/11/17	Unit 3: Exploring a balanced diet - AR1 improvements 2 Unit 3: Exploring a balanced diet - Learning checkpoint/Unit 2: Comparing ingredients – written task AC3.1 Unit 3: Exploring a balanced diet - AR1 learning check point 2 – snakes and ladders diet & nutrients game. Unit 3: AC1.4 & AC1.6 – Assessing a food diary task	
20/11/17	Unit 3: Exploring a balanced diet - AC1.4 & AC1.6 – Assessing a food diary task	

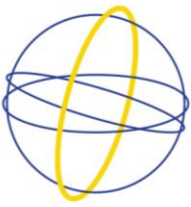
Ormiston Meridian Academy is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.



27/11/17 B	Unit 2: Understanding food – AC1.2 Describing sources of food, where food comes from and how it is manufactured. Fruit dish demonstration – Monday P5	
4/12/17 A	Unit 2: Understanding food – AC1.2 Describing sources of food, where food comes from and how it is manufactured. Completing controlled assignment page.	
11/12/17 B	Unit 2: Understanding food – AC1.3 How seasons effect food availability. Fruit dish practical – Monday P5 (Draft evaluation must be completed for homework)	
Christmas Break		
1/1/18 A	Unit 2: Understanding food – AC1.3 How seasons effect food availability. Completing controlled assignment page.	
8/1/18 B	Unit 2: Understanding food – AC2.1 & 2.2 Social and environmental factors.	
15/1/18 A	AR2 revision – Unit 3: Exploring a balanced diet AC1.1, AC1.2, AC1.3, AC1.4 and AC1.6 Balanced diet, nutrients, making recommendations and assessing a food diary.	
22/1/18 B	AR2 Assessment – Unit 3: Exploring a balanced diet - AC1.1, AC1.2, AC1.3, AC1.4 and AC1.6 Balanced diet, nutrients, making recommendations and assessing a food diary.	AR2
29/1/18 A	Unit 3: Exploring a balanced diet - AR2 improvements	AR2
5/2/18 B	Unit 2: Understanding food – AC2.1 & 2.2 Social and environmental factors. Completing controlled assignment page. Pasta dish Demonstration – Monday P5	
12/2/18 A	Unit 2: Understanding food – AC2.3 Cost factors	

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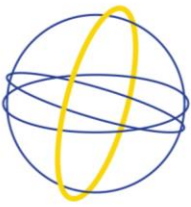
February Half Term		
26/2/18 B	<p>Unit 2: Understanding food – AC2.3 Cost factors Completing controlled assignment page.</p> <p>Unit 2: Pasta dish Practical – Monday P5 (Draft evaluation must be completed for homework)</p>	
5/3/18 A	Unit 2: Understanding food – AC2.4 Sensory factors	
12/3/18 B	<p>Unit 2: Understanding food – AC2.4 Sensory factors Completing controlled assignment page.</p>	
19/3/18 A	<p>Unit 2: Understanding food – AC3.1 Comparing ingredients</p> <p>Unit 3 revision – AC1.1 – 1.6</p>	
26/3/18 B	<p>Meat dish demonstration – Monday P5</p> <p>Unit 3: Exploring a balanced diet - AC1.5 labelling</p> <p>Unit 3 revision – AC1.1 – 1.6</p>	
Easter		
16/4/18 A	AR3 assessment – Unit 3: Exploring a balanced diet - AC1.1 – AC1.6	AR3
23/4/18 B	Unit 3: Exploring a balanced diet – AR3 improvements	AR3
30/4/18	<p>Unit 2: Understanding food – AC3.1 Comparing ingredients Completing controlled assignment pages.</p>	
7/5/18	Unit 2: Meat dish Practical – Monday P5 (Draft evaluation must be completed for homework)	
14/5/18	<p>Unit 2: Understanding food – AC3.1 Comparing ingredients Completing controlled assignment pages.</p>	
21/5/18	Unit 2: Understanding food – AC3.3 – Practical evaluation write ups	
May Half Term		

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4/6/18	Unit 2: Understanding food – AC3.3 – Practical evaluation write ups	
11/6/18	Unit 3: Exploring a balanced diet - AC2.1, 2.2 & 2.3 – Assessing a recipe.	
18/6/18	Unit 3: Exploring a balanced diet – FULL PAPER	AR4
25/6/18	Unit 3: Exploring a balanced diet – AR4 improvements	AR4
2/7/18	Unit 2: Understanding food – AC3.3 – Practical evaluation write ups	
9/7/18	Unit 2: Understanding food – Improvements	
16/7/18	Unit 2: Understanding food – Improvements	

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